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In The World of Feng Shui

Feng Shui and the art of placement are commonly considered to take into account the physical objects in the material world. To achieve better health, finances, relationships, and careers, the Feng Shui practitioner works with aspects of space (geography, orientation, direction, placement) within the context of time (cycles of the Moon, astronomy and astrology).

Feng Shui actually has less to do with the external world than with our infinite inner space, which is the awareness of our consciousness beyond the confines of time and space. To that end, as a practitioner, I preview a client's space to consider ways to free up blockages of energy to allow possibility, to create harmony, and to bring balance between all complementary opposite forces: especially the external and internal worlds. We choose to live inside the structures of our homes in time and space, but the more we can incorporate the wisdom of the bigger picture, the more in touch with life we become.

Recognizing the dichotomy between "getting more" and "letting energy flow" sheds light on two different ways Feng Shui can be practiced. One way, which has become increasingly popular, is often referred to as "power Feng Shui" – achieving as much power, money, and personal well being as possible. The idea is to amass as much good Chi's as possible, manipulating environments in order to win.

If we use Feng Shui only for external applications, we disregard its original nature, which was the alignment of internal spirit, the architecture of our consciousness and being, standing between heaven and earth. Feng Shui emerged from the teachings of the I Ching (pronounced E Ching). The I Ching deals with the spiritual dimensions inside us, the place where we can all experience our common unity. **It prompts us to ask, "How can we improve things for the mutual benefit of all?"** When Feng Shui is practiced from this premise, it is a unique approach to interior design. Feng Shui presents a view of the infinite world, in which the ancients were able simply to be – to live in awareness and consciousness.

Today there is the temptation to skip over or disregard the organization of our inner framework and have a second-hand, conceptual experience of ourselves from the outside, as if from an observer's point of view. When living in a fast-pasted city such as Las Vegas it helps to have a space to slow down, whether it is setting up your own altar or a room to meditate, or even attend yoga classes. We are so busy amassing things and stressing over whatever isn't working in our lives. Try to spend more energy thinking about what is working in your life and how you can manifest the abundance that you want.