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So Why Feng Shui?

When I was first introduced to the theory around Feng Shui I had a hard time embracing the idea because it had so many cultural themes to it. I do not use 3-legged toads, nor do I have Foo Dogs on my walkway to my front door. But after many years of taking various courses with many different Masters and teachers I began to make sense of it all. It really comes down to energy or Chi'. It is believed at the core of Feng Shui that there is a Universal balance in our world. Where there is hot, there is cold, where there is night, there is day and so on. This is the Yin/Yang principle.

Then we look at the early Tao (pronounced Dao) belief in the surrounding elements of Nature and how we can live in harmony with all that there is. In our fast-paced modern times it's not easy to integrate Nature into our lives on a regular basis. Some of you may find happiness when you find time to "escape" to the ocean or take hikes on Mt Charleston.

Once I grasped these ideas I began to apply them to my home, my landscape designs, and in my friends homes (okay they didn't always volunteer at first). What I did find out over these many years is that my homes sell faster and usually at the asking price. My last home had a full-price offer in 3 days. My homes feel better, and friends actually hang out longer just to enjoy visiting and sharing. Five years ago I went through a difficult divorce and it affected me to the core. I believe that if not for my sense of the principles of Feng Shui, meditation, and finding solace in Nature and using the tools I had learned I would not be where I am today. I have a wonderful life, with a home in Seattle and Las Vegas, a wonderful partner, and my own business.

It has been a great lesson and I continue to share my knowledge with the wonderful clients who come into my life. Drawing on the Eastern and Western concepts such as compass direction of your office or home, elements represented in Nature such as Water, Wood, Fire, Earth and Metal, symbolism and my favorite; setting your intention you are able to confidently apply simple Feng Shui/energy design tips that can improve your life. It does not need to be exotic or difficult to grasp, or expensive to change some of your living habits. I cannot stress enough to clear your clutter out of your desk, your home and your car/SUV. There seems to be a parallel in our lives that where we keep our clutter is where we have blockages in our lives.

If you are stuck in your life think about the ways to open up the Universe to support who you are and what you need. I often use Chinese Astrology, my sense of design with color and Feng Shui to help my clients. I am available for consultations and I can be reached through my website or call 425-891-9018.